

**Region:** Northwest

**Site Information:** Career Youth Development, Inc.  
2603 Dr. MLK, Jr. Drive  
Milwaukee, WI 53212

**Site Contact Person/Title:** Sterlon White, Clinic Director

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**Billing Contact Name:** Mark Ampaw

**Phone:** (414) 264-6888

**Is agency Medicaid certified?** yes

**Faith-based Organization:** no

**Minority or Disadvantaged Vendor:** no

**Facility Accessibility:**

|   |                            |
|---|----------------------------|
| • Offers handicapped parking                | • Is wheelchair accessible |
| • Has a location near public transportation |                            |

**Specializations:**

- Programs for Men and Women
- Services for Families with Children (Childcare Provided)
- Services for Persons Involved in the Criminal Justice System
- Services for Persons with Co-occurring Mental Health and Substance Use Disorders

**Hours of Operations:**

|            |               |   |               |
|------------|---------------|---|---------------|
| Monday:    | 7:30am-6:30pm | Tuesday:                                | 7:30am-6:30pm |
| Wednesday: | 7:30am-6:30pm | Thursday:                               | 7:30am-6:30pm |
| Friday:    | 7:30am-6:30pm | Saturday:                               | None          |
| Sunday:    | None          | Emergency Contact 24 Hour Phone Number: |               |

**Program Description**

**PHASE I AODA DAY TREATMENT** ~ Phase one (1) begins with the completion of the WIUPC screening tool, the intake process, orientation and bio-psychosocial assessment using the DSM IV for diagnostic evaluation. A comprehensive treatment plan is completed identifying treatment goals and objectives as well as goals for personal development. The treatment modalities consist of group and individual therapy. Our concrete therapeutic format is a client/participants centered based with an eclectic approach to several theories. Staff will provide an intensive relapse prevention course as well as AODA education, prevention/intervention techniques. Our comprehensive medical staff will provide on-site medical consultations and treatment as well as emergency care. The multidisciplinary team staffings will evaluate progress and outcomes. Phase (1) treatment schedule is Monday-Friday from 8:30 a.m. to 1:30 p.m. (intensive treatment phase).

**PHASE II AODA OUTPATIENT AFTERCARE** ~ Phase (2) consist of (48) sessions and is considered the intensive phase of aftercare. Client/participants receive on-going group therapy a continuation of the prevention/intervention and relapse prevention education. Individual sessions are provided weekly or on an as needed basis in case of crisis. Clients are encouraged toward the self-help philosophy, and begin the use of self-directed counseling

techniques. Revised and updated treatment plans direct the course of treatment, abstinence from all mood-altering drugs remain the primary focus. The multi-disciplinary team will provide a (90) day staffing, and self-help sponsored are encouraged. The treatment schedule for phase (2) is Mondays – Wednesdays – Fridays, 2 to 4 hours per day.

**PHASE III AODA OUTPATIENT/AFTERCARE** ~ Phase (3) has two models of treatment. Model I is the moderate treatment phase – this is a minimized version of Phase II with less intensity. Client/participants are provided a schedule for attendance at community sponsored self-help meetings. They are encouraged to choose two self-help sponsors; their treatment plan will update to include housing, employment or other resource/services conducive to life style up-grade and reconstruction. This model of treatment is (32) sessions of group and individual counseling sessions an array of support services (case-management, referrals etc). Model II – the maintenance phase a client/participants is generally attending academic upgrade, employment etc. This treatment phase consist of (32) sessions scheduled Tuesdays and Thursdays for (2) hours group and (1) hour individual.

**INDIVIDUAL AODA TREATMENT** ~ A plan of care is developed for individual sessions, and added to client/participant Treatment Plan. The goals and objective generally differ from the group modality as clients/participant share more intimate issues in these sessions. The rapport building theory- client/person centered therapy is the primary theory to ensure the trust factor for client/participant and counselor (sessions are (1) hour as scheduled).